



## Team Success 2022-2023 Opt-Out Form

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Each Student at Rancho Cotate High School is assigned an academic counselor based on the last name of the student: **(A-Fa) Amber Bowman, Helen Erler (Fe-Kim), (Kin-Ram) Erin Lane and (Ran-Z) Sandra Brito.**

In addition to academic counseling, RCHS provides additional types of support activities and services that include:

Team Success (formerly Project SUCCESS +) is a free, voluntary program designed to support students in being successful in all aspects of their lives. Team Success counselors meet with students for 8 - 10 sessions during school hours Evening hours are available to meet with parents and conduct presentations to groups within the community as needed. Each staff member has experience working with adolescents and has received specialized training in prevention and early intervention strategies. Team Success staff are employed by SOS (Support Our Students) Counseling and are supervised by Licensed Marriage and Family Therapists.

Each Team Success counselor coordinates a range of services including classroom presentations, community activities to raise awareness of mental health related issues, conduct individual screenings and provide referrals, and provide individual counseling and facilitate support groups. In addition, they meet with students individually and in small groups for education and prevention activities to correct erroneous perceptions about mental health.

Flash Welch, M.A. Mental Health/Substance Use Specialist is the Team Success Manager responsible for coordinating and implementing prevention and education activities at our school. Flash and his team will be available to see students who have personal, social-emotional, academic or family issues.

***INSTRUCTIONS: Please sign and return Opt-Out Form if you DO NOT want your child to participate in the Team Success program. Thank you and have a wonderful year!***

\_\_\_\_No, I do not want my student to participate in counseling support through Team Success.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Parent/Guardian Name (please print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Parent/Guardian Name (please print)

\_\_\_\_\_  
Date