



## **HEALTH INFORMATION FOR PARENTS AND OFFICE STAFF**

### **1. Injury at School:**

All injured/ill students are sent to the Office. In case of serious accident or injury, emergency services (9-1-1) will be called to administer medical aid. Parents will be notified.

### **2. When to Stay Home From School:**

A student should stay home or go home from school when the student is too ill to participate in school activities, the condition creates an unsafe or unhealthy environment for others at school, or when illness/injury requires a level of care or observation that cannot be managed at school. Specific guidance for when to stay home due to illness is available [here](#).

### **3. Immunization Requirements:**

Under the California School Immunization Law (California Health and Safety Code, Sections 120325-120375), to protect the public's health, children are required to receive certain immunizations in order to attend public and private elementary and secondary schools, child care centers, family day care homes, nursery schools, day nurseries and developmental centers. Information about vaccine requirements, medical exemptions, and compliance implementation is available at the Shots for School website [here](#). Talk to your child's physician about additional vaccinations that are recommended but not required for school. Provide documentation of your child's vaccinations at the time of enrollment and at the transition to 7<sup>th</sup> grade.

### **4. Medications at School:**

All prescribed and over-the-counter medications including herbals, vitamins, and naturopathic supplements as well as any topical treatments must be in their original container and provided to the office staff by an adult along with the physician's medical order. New medical orders for are required for each new school year. Forms are available [here](#) (Forms & Health Instructions) or the main office at your child's school. Take the forms to your child's doctor for review and signature. Parent/guardians need to sign the form as well. Signatures need to be dated no earlier than July 1 of the upcoming school year and returned to the school in August or faxed to your child's school. Note that Self-Carry orders are limited to inhaler, EpiPen, and Glucagon and must be reviewed by the school nurse to be valid. Medications not picked up by an adult at the school office at the end of the school year will be discarded.

### **5. Outdoor Education and Field Trips:**

All requirements for Authorization for Medication Administration (see above) apply to any Outdoor Education or Field Trips sponsored by the school. This requirement includes over-the-counter medications or supplements that a student takes only at home on a regular or "just-in-case" schedule. Examples include but are not limited to Tylenol for headache or melatonin for sleep. If possible, please consider skipping a dose of an optional supplement. Otherwise please obtain and return an Authorization for Medication Administration. Limitations of Self-Carry Orders (EpiPen, Inhaler, and Glucagon) also apply.



# COTATI-ROHNERT PARK

## UNIFIED SCHOOL DISTRICT

*Learning for a Lifetime – Committed to the Future*

Parents of students who require health care that can only be administered by a licensed clinician (e.g. RN or LVN) during Outdoor Education or Field Trip are encouraged to volunteer as chaperones and will be given priority.

### **6. Emergency Health Plans:**

Physician directions for medical conditions such as Allergies & Anaphylaxis, Type 1 Diabetes, Seizures, and any other known medical condition requiring emergency care are required for each new school year and dated no earlier than July 1 of the upcoming school year. Return the form to school in August or fax to your child's school. Forms are available [here](#) (Forms & Health Instructions) or may be a standard format from your child's physician. Physician and parent's signatures are required on the form.

### **7. Authorization for Specialized Procedure or Device**

A physician's authorization is required for your child to have specialized health procedures or to use specialized medical devices (e.g. crutches or wheelchair) at school. Forms are available [here](#). (Forms & Health Instructions)

### **8. Dietary Special Needs:**

Children with Food Allergies and Food Intolerances must obtain a "Medical Statement to Request Special Meals and/or Accommodations" form annually. This form must be on file with the CRPUSD Food Services office before accommodations for any special dietary needs can be implemented and is available on our Food Services website [here](#). Accommodation of any non-life-threatening food intolerance will be done on a case-by-case basis. See the Student Handbook for your student's school for any local guidance about food for parties, candy, or caffeine.

### **9. TK/K Oral Health Assessment**

The Kindergarten Oral Health Assessment for TK/K and new incoming 1<sup>st</sup> grade students as well as the 1st Grade Health Examination for School Entry can be found [here](#). (Forms & Health Instructions)

### **9. Other Health Information:**

The California Department of Education requires schools to notify parents about some specific health conditions. Information about Type 1 and Type 2 Diabetes Mellitus and Human Papillomavirus (HPV) Cancer Prevention can be found [here](#). (Important Health Information)

### **10. District Nurse Assignments and Availability:**

A district nurse (RN with School Nurse Services Credential) is assigned to each school and available on-site on at least a part-time basis depending on students' needs for health care at school. When not on-site, a district nurse is available on an on-call basis. District nurse duties include conducting vision and hearing screenings at required grade levels; health assessments and conferencing for students being evaluated for special education services; health education for students, families, and staff; consultation with external agencies and clinicians; writing and communication of emergency health plans; medication administration and health procedure training; monitoring immunization compliance and communicable disease outbreaks and advising parents and the principal regarding appropriate measures; and other health-related duties based on the needs of the school and its students.